

UNIVERSITY OF WASHINGTON COVID-19 PREVENTION PLAN FOR THE WORKPLACE

1. INTRODUCTION

The University of Washington COVID-19 Prevention Plan (“University Plan”) helps ensure the health and safety of personnel by reducing the potential for COVID-19 transmission at the University of Washington. The measures are based on Governor Inslee’s [Safe Start](#) requirements, the regulatory directive of the Washington State Department of Labor & Industries, Division of Occupational Safety and Health (DOSH) [Directive 1.70](#) General Coronavirus Prevention Under Stay Home-Stay Healthy Order, and [guidance](#) from public health agencies. This plan will be updated as regulations and public health guidance change.

2. DEFINITIONS

University Plan is the University of Washington’s COVID-19 Prevention Plan for the Workplace.

University unit is a unit or campus with an administrator reporting directly to the President or Provost. This includes UW Bothell, UW Tacoma, and UW Medicine.

Unit leader is the administrator reporting directly to the President or Provost.

Safe Start Checklist is the document unit leaders are required to complete and have on file at the Executive Office to document local compliance with the University Plan.

Unit COVID-19 Prevention Plan is a local COVID-19 prevention plan developed and routinely updated by each University unit that covers all worksites.

- Example: Facilities
- Example: Office of Research

Unit or site-specific COVID-19 Prevention Plans are local plans developed and updated as necessary and appropriate to address unique COVID-19 prevention and control strategies at a local level. The number and structure of these plans are determined by the unit leader and kept on file locally.

- Example: Transportation Services
- Example: Individual research lab

Personnel includes staff, faculty, other academic personnel, students in the workplace, and student employees.

COVID-19 Site Supervisor is an individual identified by their unit leader (or their designee) to ensure adherence with a site-specific COVID-19 Prevention Plan. Site supervisors are required by the DOSH Directive 1.70 and have specific responsibilities outlined in the directive. They may be different from an employee's regular University supervisor.

3. OVERVIEW AND APPLICABILITY

The University Plan covers all University work environments. To ensure compliance with the University Plan, each University unit is required to develop and implement a unit-specific COVID-19 Prevention Plan that covers all personnel of a unit work area(s). In addition to unit-level plans, work area or site-specific plans are required as necessary and appropriate to address required COVID-19 prevention and control strategies.

Each University unit is required to submit a COVID-19 Safe Start Checklist to the Executive Office to document compliance for their unit. A link to an electronic form will be provided to unit leadership by the Executive Office and kept on file for updating. Attachment A is a template for the Unit or Site-Specific COVID-19 Prevention Plan that units or workplaces can use to complete their required unit-specific or site-specific plan. Please note the following:

- Units are not required to use the template in Attachment A if plans exist in a different format (e.g., individual research labs, UW Medicine hospital and clinics, etc.) or if they prefer to use another format. If an alternative format is used, it must include all six required elements for a plan and align with University policies and procedures (e.g. daily symptom attestation).
- Units with existing plans are required to update their plans as needed to include the required elements in the University Plan, along with any additional industry specific guidelines needed, such as, but not limited to, those for healthcare, dental clinics, COVID-19 research, or construction settings.

4. REQUIRED ELEMENTS OF THE UNIVERSITY AND UNIT-SPECIFIC PLANS

Required elements of the University's COVID-19 Prevention Plan are below. These elements are required to be included in all unit-specific COVID-19 Prevention Plans.

- [Maintain social and physical distancing](#)
- [Procedures for sick personnel, symptom monitoring, reporting and response](#)
- [Practice good hygiene](#)
- [Clean and disinfect surfaces](#)
- [Personal protective equipment \(PPE\) and alternative strategies](#)
- [Communication and training](#)

In addition, each University unit is required to designate COVID-19 site supervisors to ensure all elements of the unit-specific COVID-19 Prevention Plan are followed. COVID-19 site supervisors are expected to keep unit and site-specific plans current with changes to COVID-19 guidelines, regulations and University policies. COVID-19 site supervisors (or designee) should be available during work and class activities.

5. ROLES AND RESPONSIBILITIES

The following units and individuals have responsibilities for COVID-19 prevention in the workplace:

UNIVERSITY CENTRAL ROLE - EXECUTIVE OFFICE

- Develop policies and procedures for safe return to working on site, including testing and contact tracing.
- Develop planning parameters to guide personnel who are eligible to return physically to the workplace in each Phase 1-4.
- Review, evaluate and communicate new state and local requirements, and update policies and procedures accordingly.
- Lead and coordinate University-wide response to COVID-19 including the deployment of the [Advisory Committee on Communicable Diseases](#) (ACCD) and the [Emergency Operations Center](#) (EOC).
- Coordinate any central procurement of COVID-19 cleaning supplies, personal protective equipment, and other equipment.
- Coordinate central expense tracking for state or federal reimbursement.
- Assess University-wide liability and risks.
- Keep unit COVID-19 Safe Start Checklists.

UNIVERSITY CENTRAL ROLE - UW FACILITIES

(Includes Housing and Food Services, Health Sciences Administration, and facilities at UW Bothell and Tacoma)

- Perform regular building operations and maintenance, enhanced daily cleaning of common areas and COVID-19 exposure cleaning.
- Manage University-wide transportation and parking.
- Train and coordinate University building coordinators.

UNIVERSITY CENTRAL ROLE - ENVIRONMENTAL HEALTH & SAFETY DEPARTMENT (EH&S)

- Develop University-wide COVID-19 safety policies, plans and guidance documents.
- Perform COVID-19 case follow-up and contact tracing.
- Assist units with COVID-19 Prevention Plans and procedures, including determination of engineering controls necessary to ensure safety.
- Respond to health and safety concerns related to adherence to COVID-19 prevention practices.
- Monitor compliance of COVID-19 prevention measures in the workplace.

UNIT LEADER (DIRECT REPORT TO PRESIDENT OR PROVOST)

- Identify local personnel who are eligible to return physically to the workplace in each Phase 1-4.
- Oversee the development and implementation of unit COVID-19 Prevention Plan and any site-specific prevention plans.
- Complete a COVID-19 Safe Start Checklist to remain on file with the Executive Office.
- Assign or ensure COVID-19 site-supervisor(s) are assigned to oversee unit and site-specific plan implementation.
- Ensure all personnel are trained on the University Plan and site-specific COVID-19 Prevention Plan. Training must be documented.
- Acquire appropriate personal protective equipment (PPE), cleaning supplies and disinfectants, and other supplies for distribution to personnel.
- Ensure critical tasks **not possible** to be performed while maintaining the current 6-foot separation requirement are reviewed and approved by the unit head or designee, and consult on enhanced safety protocol with EH&S as needed.
- Ensure required COVID-19 signage to communicate protections against COVID-19 is posted.
- Develop strategies to communicate with personnel, COVID-19 site supervisors, and building coordinator(s) to keep unit and/or site-specific plans current with changes to COVID-19 guidelines, regulations and University policies.

COVID-19 SITE SUPERVISORS

- Develop and ensure adherence with the site-specific COVID-19 Prevention Plan, including social and physical distancing requirements.
- Train direct reports in the workplace on the contents of the unit and site-specific COVID-19 Prevention Plan.
- Keep unit and/or site-specific plans current with changes to COVID-19 guidelines regulations and University policies.
- Be available during work and/or class activities to monitor compliance and answer questions and concerns as needed. This does not require a physical presence at each worksite at all times, but requires a supervisor to have a physical presence as needed to meet the responsibilities outlined as appropriate for the work environment.
- Report COVID-19 Prevention Plan implementation and safety concerns to the supervisor or directly to EH&S.
- The COVID-19 Site Supervisor may be a personnel supervisor, principal investigator, or designee, who is assigned and has the authority to monitor and enforce COVID-19 health and safety requirements and address questions and concerns from personnel.

PERSONNEL SUPERVISOR

- Train direct reports in the workplace on the contents of the unit and site-specific COVID-19 Prevention Plan (can be delegated to the COVID-19 site supervisor if the individual is different than the personnel supervisor).

- Create schedules for use of workspaces and shared equipment in accordance with the unit or site-specific Prevention Plan.
- Provide instructions on the use, maintenance and disposal of appropriate PPE.
- Review daily symptom attestation report and ensure daily compliance.
- Address or escalate reported or observed safety concerns to the unit or to EH&S.

PERSONNEL

- Follow all elements of the site-specific COVID-19 Prevention Plan, including completing daily symptom attestation when reporting to work on site.
- Practice social distancing both at your worksite and in other University areas.
- Wear a face covering when required.
- Use PPE, as appropriate or required by the unit or work-site.
- Follow instructions for the use, maintenance and disposal of PPE.
- Follow unit's procedure for using sick time or requesting to telework if you are not feeling well.
- Report COVID-19 symptoms and positive test results to the [Employee Health Center](#).
- Report close contact with a person with COVID-19 to the [Employee Health Center](#).
- Report safety concerns to a supervisor or directly to EH&S.

BUILDING COORDINATORS

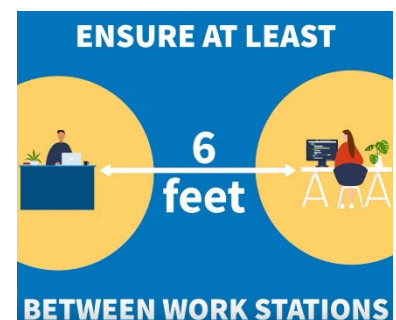
- Ensure cleaning supplies and hand sanitizer are available in common areas of buildings.
- Post University COVID-19 prevention posters at entrances and in common areas of building(s).
- Help disseminate information and updates to building occupants related to COVID-19 prevention and about restricted areas for cleaning in response to COVID-19 cases in a building.
- Attend trainings and coordinating sessions organized by UW Facilities.
- Establish and monitor adherence to access control, building operations, egress routes and emergency procedures as they relate to the University Plan.

6. REQUIRED PLAN ELEMENTS

A. MAINTAIN SOCIAL AND PHYSICAL DISTANCING

All University units must take measures to ensure that all personnel maintain at least 6 feet of distance between individuals (with or without the use of PPE or facemasks/face coverings). Measures to prevent close contact include, but are not limited to:

- Separate work stations by at least 6 feet.
- Allow only infrequent and intermittent passing within 6 feet.
- Segregate entry and exit pathways into building or work area.
- Limit the number of people riding in elevators.
- Remind personnel to maintain social and physical distancing during breaks and at shift start and end times.



- Stagger break times.
- Ensure University personnel take separate vehicles.
- If needed, schedule tasks for a later time and date when protective measures are in place.
- Organize work to break up tasks in a manner that facilitates social distancing or other protective measures.
- Avoid touching other people (e.g., handshakes).

Additional considerations for laboratories and teaching spaces:

- Identify and control “choke points” and “high-risk areas” at locations where workers and students typically congregate so that social distancing is always maintained.
- Minimize physical interactions during workplace activities; ensure minimum 6-foot separation by physical barriers, and/or demarking floors with tape. Limit the number of people in a space to allow for a 6-foot separation. Consult with EH&S on proper use and installation of barriers.
- To the extent practical allow only one group/class at a time at the same location/lab/classroom and maintain a 6-foot separation and social distancing for each member. If more than one group/class must be on site at a minimum they must maintain social distancing policies in accordance with this guidance.



Workspace organization and occupancy

- Require one-at-a-time access at designated drop-off/pick-up points.
- Use drop boxes or bins to collect and distribute shared equipment, mail and other items that must be passed from one person to another.
- Small, narrow offices/facilities on the order of 100-150 square feet can likely accommodate only one person at a time.
- Square or rectangle work areas larger than 200 square feet can likely accommodate more people, but keep the number to a minimum.

Rule of thumb:
These square footage specifications are guidelines only. In general, occupants must be able to enter, work in and exit the space while maintaining 6' of physical distance from other occupants.

Work schedules

- Coordinate work schedules to minimize the number of people in a work area at the same time.
- Maintain a log of visitors to the worksite and keep the log for at least four weeks.

Building engineering controls (Requires consultation with EH&S)

- Install barriers that block direct pathways between people.
- Create layouts that prevent air pathways of at least 6 feet.
- Consider enhancing ventilation to provide a sufficient clean air supply to work area.

B. PROCEDURES FOR SICK PERSONNEL, SYMPTOM MONITORING, REPORTING AND RESPONSE

University units are required to take measures to prevent sick personnel from entering the worksite, including symptom monitoring, and reporting suspect and confirmed COVID-19 cases and close contacts.

Symptom monitoring

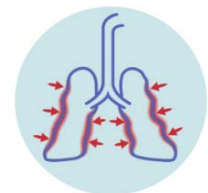
Personnel who are sick or experiencing even mild symptoms of illness, **must stay home**. If symptoms of illness are experienced by an individual while on a University work site, the individual must leave the worksite.

Follow the University's daily [symptom screening or attestation](#) requirements to **prevent sick personnel from coming to work** and identify personnel who exhibit signs or symptoms of COVID-19 illness. Units with personnel who do not have access to Workday can implement their daily symptom screening process following the [University's Guidance for Symptom Monitoring](#).

Personnel who experience symptoms of [COVID-19 infection](#), including fever (100.4 degrees or higher), cough, shortness of breath, loss of taste and/or smell, chills, sore throat, runny nose, headache, muscle pain and gastrointestinal symptoms, such as nausea, vomiting or diarrhea, are required to follow these instructions:

1. Stay Home: If you are sick, you must stay home. Even if you have mild symptoms.

- Separate yourself from others. Avoid common areas where people gather.
- Practice good hygiene.
- Wear a mask or other approved facial covering.



2. Contact your health-care provider in

advance. Please do not show up at a clinic, urgent care center or other health-care facility without contacting them first. If your health-care provider suspects that you have COVID-19, they should arrange for COVID-19 testing in accordance with public health guidance. The [EH&S Employee Health Center](#) can also facilitate COVID-19 testing through UW Medicine.

3. Contact the [Employee Health Center](#): If your health-care provider confirms or suspects that you have COVID-19, you are **required** to **contact the EH&S Employee Health Center**. The EH&S Employee Health Center can facilitate COVID-19 testing through UW Medicine.

University units are required to direct personnel to follow the steps in the FAQ "[What do I do if I feel sick?](#)" which includes the above information.

Health Surveillance – Daily Symptom Attestation

Daily symptom attestations are **required** at the University of Washington for personnel who work on site at a University work location. Some workplaces with unique considerations may implement health surveillance to identify early signs of infection and separate workers who may present a risk to others. University units may conduct health surveillance for personnel who reside at a University property (e.g., research vessel) and are not able to isolate or return home when sick. Workplaces that implement these measures should work closely with the EH&S Employee Health Center.

Reporting illness and Close Contact

University units and personnel are **required to report to** a University [Employee Health Center](#):

- **Suspected or confirmed cases of COVID-19.** This includes any individual who has spent time in a University location, including, but not limited to, all personnel, whose healthcare provider has suspected or confirmed COVID-19 illness.
- **Close contacts with individuals who have COVID-19.** This includes an individual who has a household member with COVID-19 or has had close contact with someone with COVID-19. [Close contact includes](#) being within approximately 6 feet of a person with confirmed COVID-19 for more than a few minutes, having direct contact with infectious secretions of a COVID-19 case (e.g., being coughed on, kissing, sharing utensils) or living with a person who has COVID-19. The individual is required to follow the isolation requirements as established by public health agencies and are outlined in the FAQ [“I have been in close contact with a person with COVID-19. What should I do?”](#)

University Response- EH&S Contact Tracing

When notified of a person with suspected or confirmed COVID-19, the University, through EH&S, takes the following steps to maintain the health and safety of the campus community. The University is in ongoing coordination with local health departments on COVID-19 response efforts and complies with applicable privacy requirements. Response activities include:

- Obtain details about the person’s symptoms, locations on campus and close contacts.
- Conduct a risk assessment to determine an action plan. The plan may include:
 - Provide a recommendation for and/or assistance with self-isolation.
 - Notify the school, and/or work unit.
 - Notify individuals or groups who were in close contact (within 6 feet, for more than a few minutes) with the ill person within 48 hours prior to the development of symptoms. Close contacts will be provided with public health recommendations that includes staying home (quarantine) and monitoring their health for 14 days and getting tested for COVID-19. For more information, read the FAQ [“How does the UW follow up with close contacts of a person who tested positive for COVID-19?”](#)
 - Evaluate the specific locations where the person spent time on campus for [enhanced cleaning and disinfection](#) in accordance with guidance from the Centers for Disease Control and Prevention (CDC). Enhanced cleaning and disinfection is conducted in spaces where an ill person spent time 48 hours prior to symptoms developing through seven days after the person last spent time in a University space.
- Return to work information: Per public health guidance, the EH&S Employee Health Center provides instructions for returning to the workplace to individuals who have COVID-19, close contacts of individuals who have COVID-19, University/unit representatives and UW Human Resources.

- The identity of individuals with COVID-19 and their close contacts is not publicly disclosed. It remains private among University representatives involved in the public health response including EH&S representatives, unit representatives as needed and UW Human Resources.
- For information about the University's response to a COVID-19 case on campus, read the FAQ ["How does the UW respond when a member of the UW community has confirmed COVID-19?"](#)

Human Resources Assistance

UW Human Resources (HR) and Academic Human Resources (AHR) provide resources for [staff](#) and [academic personnel](#) regarding **time away from work**; talk with your HR consultant or AHR Business Partner with issues pertaining to your work area.

Guidance and protections for those at [higher risk for developing more serious COVID-19 illness](#) are also on the HR website.

University units are asked to refrain from requesting sick personnel to provide a doctor's note to excuse their absence.

C. PRACTICE GOOD HYGIENE

Supervisors are required to remind personnel they can reduce the risk of spreading COVID-19 by doing the following:

- Wash hands often with soap and water for at least 20 seconds. If water is not available, use hand sanitizer with at least 60% alcohol content.
- Avoid touching your eyes, nose or mouth with unwashed hands.
- Avoid contact with people who are sick.
- Stay home while sick and avoid close contact with others.
- Cover your mouth and nose with your elbow or a tissue when coughing or sneezing, and immediately dispose of the used tissue.
- Secondary handwashing or sanitizing stations may be set up with either hand sanitizer or wipes/towelettes.



Personnel must have access to soap and running water to wash their hands

after touching any surface or tool suspected of being contaminated, before and after eating or using the restroom, and before touching their face.

Place posters in visible locations to remind personnel of key moments to wash hands:

- **Before, during, and after** preparing food
- **Before** eating food
- **Before and after** caring for someone at home who is sick



- **Before** and **after** treating a cut or wound
- **Before** exiting the laboratory
- **After** using the toilet
- **After** contact with high touch surfaces (e.g., elevators, lobby areas, reception desks, etc.)
- **After** blowing your nose, coughing, or sneezing
- **After** removing gloves or other personal protective equipment.
- **After** touching an animal or animal waste
- **After** touching garbage

[Stay Healthy, Huskies - Toolkits](#)

[CDC – What you need to know about handwashing](#)

D. CLEAN AND DISINFECT SURFACES

University units are required to clean and disinfect their worksite surfaces and equipment regularly. They are required to provide cleaning and disinfection products, along with the appropriate PPE and instructions for the frequency and safe use of products. University custodial units will clean high touch surfaces in common areas of buildings such as restrooms, stairwells and elevators. The University maintains a [central procurement site](#) for COVID-19 cleaning supplies and PPE.

University units:

- Keep a cleaning schedule to maintain general housekeeping to prevent buildup of dirt and clutter.
- Make cleaning supplies available for workers to do spot cleaning when necessary.
- Consider placing nonporous covers on frequently touched surfaces that cannot be easily cleaned, such as fabric or foam. The covers should be a surface that can be cleaned easily or something that can be changed between users.
- Purchase single use disinfectant wipes for touch points within their workspaces.

Frequency



Clean and disinfect work areas regularly, as well as to clean high touch areas daily, between uses, or when unclean, to help prevent the spread of coronavirus.

Clean and disinfect frequently touched surfaces (e.g., doorknobs, tables, computer keyboards, handrails, exercise rooms) regularly to maintain a visibly clean state (no obvious soiling, smearing, or streaks).



- For surfaces touched by multiple workers, clean and disinfect on a frequent schedule, or between workers.
- For surfaces touched by one individual, clean and disinfect periodically, at least once per shift or when unclean, as a minimum.
- Wipe down shared equipment after each use.

Safe use of products

Follow the manufacturer’s instructions for use of all cleaning and disinfecting products, and use personal protective equipment as required.



Use one of the following to disinfect hard, non-porous surfaces:

- An EPA-registered disinfectant approved for use against SARS-CoV-2 **or**
- An alcohol solution with at least 70% alcohol **or**
- A 10% bleach/water solution

Avoid putting disinfectant gels or liquids on electronics and other equipment, including elevator buttons, unless they have been indicated as safe to use on those devices.

EH&S developed [resources](#) to assist units safely use disinfectants to prevent the spread of COVID-19.

- [COVID-19 Enhanced Cleaning and Disinfection Protocols](#)
- [COVID-19 Prevention Protocol for Food Establishments](#)
- [COVID-19 Chemical Disinfectant Safety Information](#)

E. PERSONAL PROTECTIVE EQUIPMENT (PPE) AND ALTERNATIVE STRATEGIES

PPE is the last line of protection and does not replace the need for physical distancing and other exposure prevention methods. Face coverings are required indoors where other people are present because keeping at least a 6-foot distance *may* not be possible. Face coverings are required outdoors where keeping at least a 6-foot distance from other people may not be possible. Units are required to conduct an assessment and determine the required personal protective equipment (PPE) for their personnel. See the [EH&S COVID-19 PPE Risk Level Selection Guide](#) and the [EH&S Guidelines for Personal Protective Equipment](#) for additional guidance on the selection and use of PPE.

The information in this section is not meant to be exhaustive, and is subject to change as the situation evolves. EH&S recognizes that each unit may have its own unique PPE considerations, conservation solutions, and alternative strategies. Please contact EH&S for consultation regarding PPE use.

- **Facemasks** primarily prevent exposures to others when the wearer coughs or sneezes. Facemasks do *not* replace the need for social and physical distancing, frequent handwashing, avoiding touching the face, and staying away from people who are ill.
 - **Medical/surgical mask** use is prioritized for health-care providers; these are also used by University personnel doing in-person work to support critical operations where they may not be able to maintain a distance of at least six feet between themselves and others at all times.
 - **Face coverings**, per the [Public Health-Seattle & King County, public health directive](#) and workplace health and safety requirements, are **required** indoors where other people are present because keeping at least a 6-foot distance may not be possible. This includes common areas such as hallways, stairways, restrooms and elevators. Face coverings are required outdoors where keeping at least a 6-foot distance from other people may not be possible. Cloth face coverings do *not* replace or supersede job-specific PPE requirements.
 - Refer to the [Guidance on Facemask Use for Preventing the Spread of COVID-19](#) and the [Facemask Focus Sheet](#) for more information, which includes links to instructional posters and videos to wear facemasks safely.
- **Face shields** can prevent direct exposure to expelled droplets and provide splash/spray protection from disinfectants. This may also prolong the life of facemasks.
- **Respirators** require care in use and management under the University [Respiratory Protection Program](#), which complies with [WAC 296-842](#). Respirators are not normally recommended for social distancing purposes, but may be appropriate where workers must have close proximity to others during certain job tasks as identified by a PPE risk assessment.



Workers should not touch their mouth, nose, eyes and nearby surfaces when putting on, using and removing PPE and masks. Wash hands before putting on and after removing PPE and masks. The order of [removal of PPE \(doffing\)](#) is important to prevent cross contamination and is to be reviewed with personnel.

Refer to the [EH&S COVID-19 Risk Level Selection Guide](#) and the [EH&S Guidelines for Personal Protective Equipment](#) for additional guidance on the selection and use of PPE.

Conservation of PPE

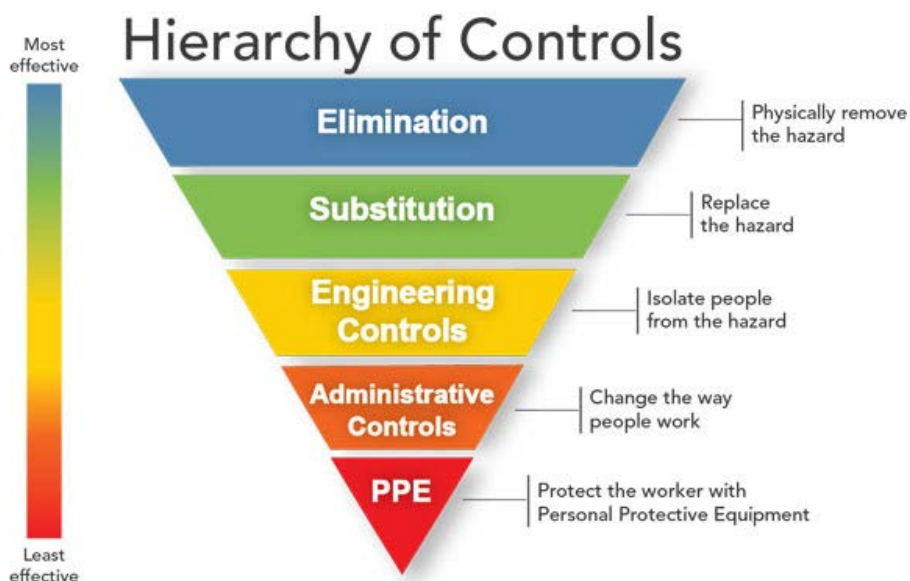
With the expanding COVID-19 pandemic, EH&S recommends measures to [conserve personal protective equipment \(PPE\)](#) while maintaining our commitment to provide a safe and healthful place for employment and learning. These PPE conservation measures align with current guidance from the [CDC](#) and [Public Health Seattle-King County](#) and are based on existing policy from UW Medicine. For those engaged in patient care, please refer to the [UW Medical Center Personal Protective Equipment \(PPE\) Conservation Guidance](#).

Alternative strategies

PPE, while important in minimizing the potential exposure to the virus that causes COVID-19 illness, is least effective and should **not** be relied on as the single control to protect personnel. If personnel must perform a job task deemed critical, and during which maintaining a 6-foot distance is not possible, after exhausting all other options, PPE is required and alternative strategies should also be considered. These tasks, in general, should be infrequent and for a limited duration and approved by the unit.

Alternative strategies may involve eliminating exposure to the hazard and should be considered first. If these options are not possible, consider engineering and/or administrative control measures together to best protect personnel.

The strategy used for the selection of controls is called the “hierarchy of controls” which prioritizes the types of controls that are most effective in eliminating or reducing the risk of exposure to the hazard. Depending on the risk of transmission, one or more control strategies may be required to reduce the risk.



Steps for selecting and implementing an alternative strategy:

1. Request EH&S review and unit leadership approval to consider an alternative strategy.
2. Develop or document a [job hazard analysis](#) (JHA) that identifies the hazards and control strategies to minimize the risk of exposure.
3. Train personnel on alternative strategies use. Document the training.

F. COMMUNICATION AND TRAINING:

Units are required to communicate to personnel about COVID-19 prevention on campus and to train on the contents of the University Plan and site-specific COVID-19 Prevention Plan. This includes information and guidance on social distancing, staying home if you are sick, symptom attestation, proper hygiene measures, cleaning and disinfection procedures, and PPE. Training is required for all personnel and must be documented.

The University’s general [COVID-19 Safety Training](#) is required for all University personnel. In addition, units (e.g., site-supervisor or personnel manager) are required to train personnel on the contents of the unit or site-specific COVID-19 Prevention Plan. Attachment B can be used to document unit or site-specific COVID-19 training. Unit or site-specific training is conducted at all locations on the first day of returning to work, reviewed weekly and as updates are made, to explain the protective measures in place for all personnel. Training is required to be provided in a language best understood by personnel.

Communicate Safe Practices

All University units are required to communicate to personnel about ways to prevent the spread of COVID-19, including reviewing their unit and worksite-specific procedures for COVID-19 prevention.

The [UW Stay Healthy, Huskies](#) webpage has posters and graphics in various formats for you to post and communicate in your work area. Download and place posters in common areas, such as in break rooms, lunch rooms, lobbies and bathrooms.

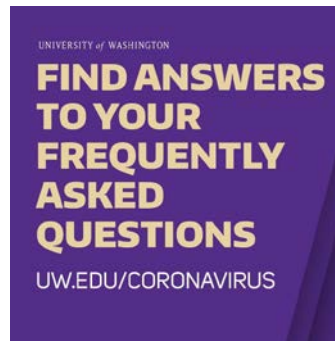
- Download the **STOP! Feeling Sick?** poster to remind sick personnel to stay home and report COVID-19 symptoms to the EH&S Employee Health Center.
- Download the **Stay Healthy, Huskies** and **5 Steps to Wash Your Hands the Right Way** posters to encourage good hygiene in the workplace.

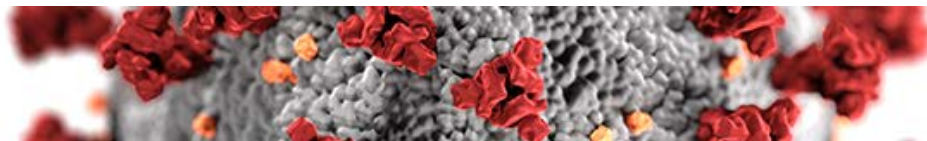
The University's [Novel coronavirus & COVID-19: facts and resources](#) webpage provides information about COVID-19 for the campus community and is updated regularly. Encourage personnel to read guidance from the [Frequently Asked Questions](#), including:

- *What do I do if I feel sick?*
- *I have been in close contact with someone who has COVID-19. What should I do?*

Hazard Communication

If personnel work with chemical disinfectants it is important to communicate the potential hazards and safety measures. Chemical disinfectant exposure may cause health issues if used improperly, so it is important that health and safety considerations are accounted for prior to product use. EH&S has provided information about [working safely with disinfectants](#) as well as guidance and program documents related to PPE and how to properly use it. For additional information about chemical safety please visit the [EH&S Chemical Hazard Communication](#) webpage.





7. NOVEL CORONAVIRUS (COVID-19) RESOURCES



[CDC Coronavirus \(COVID-19\)](#)



[EPA Disinfectants for Use Against SARS-CoV-2](#)



[OSHA COVID-19](#)



[UW DEOHS: Safer Cleaning, Sanitizing and Disinfecting Strategies to Reduce and Prevent COVID-19 Transmission](#)

[UW EH&S COVID-19 Health & Safety Resources](#)

[UW Novel coronavirus & COVID-19: facts and resources](#)

[UW Stay Healthy, Huskies - Toolkit Downloads \(Posters, Media\)](#)

[UW Clean and Safe Storefront](#)



[WA DOH - Novel Coronavirus Outbreak 2020](#)

[WA L&I DOSH DIRECTIVE 1.70 General Coronavirus Prevention Under Stay Home-Stay Healthy Order](#)

[WA L&I Dealing with COVID-19 \(coronavirus\) in Construction](#)



[WA L&I Coronavirus \(COVID-19\) Prevention: General Requirements and Prevention Ideas for Workplaces](#)

[WA L&I Directive 11.80 Temporary Enforcement Guidance Annual Fit-Testing for N95 Filtering Facepieces and Respirator/Face Covering Selection During the COVID-19 Outbreak](#)

Please contact EH&S at ehsdept@uw.edu or call 206.543.7262 with questions or for assistance.

Concerns about COVID-19 safety can be reported anonymously to EH&S via an [online form](#).

This document will be updated as regulations and public health guidance change.



ATTACHMENT A:

UNIT OR SITE-SPECIFIC COVID-19 PREVENTION PLAN TEMPLATE

University units are required to document their workplace COVID-19 prevention measures and review them with personnel. This template may be used for that purpose and used at a work-site level or department level as appropriate for the unit. If an alternative format is used (e.g., Return to In-Person Research Plan), it must include all six required elements for a plan and align with University policies and procedures (e.g., daily symptom attestation).

Date:	Completed By:
Name of COVID-19 Site-Supervisor:	
Unit Name:	Worksite Location(s):
Unit COVID-19 Prevention Plan and Plan Location:	

MANAGEMENT AND OVERSIGHT	Check all that apply (all required):	Describe:
1. COVID-19 Prevention Plan and Site-Supervisor	<input type="checkbox"/> A COVID-19 supervisor is assigned to ensure all of the elements of the site-specific COVID-19 Prevention Plan are followed. <input type="checkbox"/> The COVID-19 site supervisor will keep the site-specific plan updated and current with changes to COVID-19 guidelines, regulations and University policies. <input type="checkbox"/> The COVID-19 site supervisor will keep the site-specific plan onsite in paper or electronically so it is available to all personnel. <input type="checkbox"/> The COVID-19 site supervisor will train personnel on the contents of the plan and updates made.	



	<input type="checkbox"/> The COVID-19 site supervisor or designee is available to respond to issues and questions during work and class activities.	
SOCIAL AND PHYSICAL DISTANCING	Check all that apply (all required as possible):	Describe:
<p>2. Describe how you are implementing the social distancing requirements (maintaining 6+ feet spacing between people, minimizing interpersonal contact).</p>	<input type="checkbox"/> Telework options offered <input type="checkbox"/> Shifts/breaks times/start times staggered <input type="checkbox"/> Maximum space capacity determined based on room size <input type="checkbox"/> In-person meetings (conference call, virtual) limited <input type="checkbox"/> Non-critical in person meetings postponed <input type="checkbox"/> Spread out work areas/physically separate workstations <input type="checkbox"/> Allowing only infrequent/intermittent passing within 6 feet in between personnel <input type="checkbox"/> Minimizing the number of people in a work area <input type="checkbox"/> Designated drop-off/pick-up areas for shared tools and equipment <input type="checkbox"/> Barriers to block direct pathways between individuals are installed <input type="checkbox"/> Layouts to prevent air pathways less than 6 feet have been created <input type="checkbox"/> Ensuring good ventilation in work areas <input type="checkbox"/> Tasks have been rescheduled <input type="checkbox"/> Work tasks have been modified <input type="checkbox"/> Organizing work tasks to facilitate social distancing	



<p>3. Describe how you are communicating social distancing requirements to personnel, students, vendors, contractors and visitors.</p>	<ul style="list-style-type: none"> <input type="checkbox"/> Posters/signage/floor markings installed or posted <input type="checkbox"/> Communicating during staff meetings <input type="checkbox"/> Email communication <input type="checkbox"/> Establishing policies and procedures <input type="checkbox"/> Providing notice to vendors/contractors 	
<p>4. Describe critical tasks not possible to be done while maintaining the 6-foot distance. Unit head pre-approval required.</p>	<p>Describe task, frequency, duration and required PPE and safety measures in place. If none, specify none.</p>	
<p>PRECAUTIONS FOR SICK PERSONNEL</p>	<p>Check all that apply (all required as possible):</p>	<p>Describe:</p>
<p>5. Describe how you are preventing people with symptoms from coming to the site and/or working while sick.</p>	<ul style="list-style-type: none"> <input type="checkbox"/> Performing daily symptom screening or attestation for personnel who work on-site at a UW work location <input type="checkbox"/> Following UW policies for time away from work <input type="checkbox"/> Informing and requiring personnel who may be ill or symptomatic to stay (or go) home <input type="checkbox"/> Requiring close contacts of COVID-19 cases to stay or go home <input type="checkbox"/> Consulting with EH&S Employee Health Center <input type="checkbox"/> Discussing accommodations for personnel at higher risk of severe illness with your HR Consultant or DSO for academic personnel 	



	<input type="checkbox"/> Keeping a log of visitors to the work-site (maintain for 4 weeks)	
6. Describe practices for responding to suspected or confirmed COVID-19 cases.	<input type="checkbox"/> Informing personnel with COVID-19 symptoms to stay home, contact their healthcare provider and to notify the Employee Health Center <input type="checkbox"/> Informing personnel with suspect or confirmed COVID-19 to stay home and notify the Employee Health Center <input type="checkbox"/> Informing personnel who have had close contact with someone with COVID-19 to stay home and notify the Employee Health Center <input type="checkbox"/> Performing enhanced cleaning and disinfection	
CLEANING AND DISINFECTING	Check all that apply (all required):	Describe:
7. Describe the procedures used to clean and disinfect general areas and high-touch surfaces. This includes the cleaning frequency and areas/items to be cleaned.	<input type="checkbox"/> Following a cleaning schedule <input type="checkbox"/> Cleaning supplies are available for spot cleaning <input type="checkbox"/> Cleaning and disinfecting high touch surfaces daily, between uses or when unclean <input type="checkbox"/> Wiping down shared equipment/objects after each use (e.g., door/refrigerator/microwave handles) <input type="checkbox"/> Following COVID-19 Enhanced Cleaning and Disinfection Protocols	



<p>8. List the product(s) used to clean and disinfect.</p>	<p>Check all that apply:</p> <ul style="list-style-type: none"> <input type="checkbox"/> Alcohol solution with at least 70% alcohol (includes wipes) <input type="checkbox"/> 10% bleach/water solution <input type="checkbox"/> EPA-registered disinfectant for use against SARS-CoV-2: <ul style="list-style-type: none"> a. Manufacturer: _____ b. Name: _____ c. EPA Registration #: _____ 	
<p>9. Describe the safety precautions that are taken when using disinfectant(s).</p>	<ul style="list-style-type: none"> <input type="checkbox"/> Reviewing safety data sheet (SDS) for each product <input type="checkbox"/> Reviewing COVID-19 Chemical Disinfectant Safety Information <input type="checkbox"/> Following manufacturer's instructions for products use <input type="checkbox"/> Using personal protective equipment 	
GOOD HYGIENE	Check all that apply (all required):	Describe:
<p>10. Describe methods used to encourage good hygiene practices.</p>	<ul style="list-style-type: none"> <input type="checkbox"/> Providing soap and running water <input type="checkbox"/> Providing hand sanitizer and/or wipes/towelettes <input type="checkbox"/> Asking personnel to avoid touching others <input type="checkbox"/> Using reminders to wash hands frequently, correctly at key moments, avoid touching face with unwashed hands, cover mouth when coughing or sneezing 	



PERSONAL PROTECTIVE EQUIPMENT	Check all that apply:	Describe:
<p>11. Provide personal protective equipment (PPE) and guidance on how to use it.</p>	<ul style="list-style-type: none"> <input type="checkbox"/> Face shields and/or eye protection is worn. <input type="checkbox"/> Respirators are worn. <input type="checkbox"/> Surgical/medical masks are worn. <input type="checkbox"/> Face coverings (cloth) are worn indoors when others are in the work area and outdoors when a 6 foot distance from others cannot be maintained. <input type="checkbox"/> Providing instructions on the use, care, cleaning, maintenance, removal, and disposal of PPE 	
COMMUNICATION AND TRAINING	Check all that apply (all required):	Describe:
<p>12. Communicate safe practices.</p>	<ul style="list-style-type: none"> <input type="checkbox"/> Personnel completing UW general COVID-19 Safety Training <input type="checkbox"/> Providing documented safety training to personnel on site-specific COVID-19 Prevention Plan initially and updates communicated <input type="checkbox"/> Posters/signage installed and/or posted in the worksite <input type="checkbox"/> Email communications <input type="checkbox"/> Covering COVID-19 safety information in staff meetings <input type="checkbox"/> Sharing information from the UW Novel coronavirus & COVID-19: facts and resources webpage 	
<p>13. Communicate hazards and safeguards to protect personnel.</p>	<ul style="list-style-type: none"> <input type="checkbox"/> Providing information about working safely with disinfectants <input type="checkbox"/> Communicating the hazards and safeguards required to protect individuals from exposure 	



**ATTACHMENT B:
Sample Training Documentation Form for
Unit or Site-Specific COVID-19 Prevention Plan**

Workplace/Lab Name		
Documentation of Training		
COVID-19 Prevention Plan		
Name	Training Date	Signature
Click here to enter name.	Click here to enter date.	
Click here to enter name.	Click here to enter date.	
Click here to enter name.	Click here to enter date.	
Click here to enter name.	Click here to enter date.	
Click here to enter name.	Click here to enter date.	
Click here to enter name.	Click here to enter date.	
Click here to enter name.	Click here to enter date.	
Click here to enter name.	Click here to enter date.	
Click here to enter name.	Click here to enter date.	
Click here to enter name.	Click here to enter date.	
Click here to enter name.	Click here to enter date.	
Click here to enter name.	Click here to enter date.	
Click here to enter name.	Click here to enter date.	
Click here to enter name.	Click here to enter date.	

By signing this log, you confirm that you have been provided with COVID-19 safety training, that the content of the training is understood, and that you have had an opportunity to ask questions.



UNIVERSITY OF WASHINGTON COVID-19 FACE COVERING POLICY

1. INTRODUCTION

In order to help ensure the health and safety of the University of Washington campus community and the public, face coverings are required to be worn on site at the University of Washington:

- Indoors when other people are present and in all public and common areas, such as lobbies, hallways, stairways, restrooms, elevators, and in shared vehicles
- Outdoors when keeping a six-foot distance from others may not be possible

This requirement is in accordance with Washington state workplace health and safety requirements and with the [Washington state public health orders for face coverings](#). This policy is in effect until otherwise communicated.

While keeping a physical distance of at least six feet from other people, practicing good hygiene measures (e.g., frequent hand washing, avoiding touching the face, covering coughs and sneezes), and staying home when ill are the best known protections against COVID-19, wearing a face covering that covers the nose and mouth can help protect others.

For the purposes of this policy, a face covering includes any cloth face covering, such as facemask, bandana or scarf. A face covering must:

- Fit snugly against the sides of the face
- Completely cover the nose and mouth
- Be secured with ties, ear loops, elastic bands, or other equally effective method
- Include at least one layer of cloth, although multiple layers are strongly recommended
- Allow for breathing without restriction
- Be capable of being laundered and machine dried without damage or change to shape

2. APPLICABILITY

This policy applies to **all University personnel, students, contractors, vendors, tenants, customers and visitors**, on site at a University location, including campus residence halls, unless specifically exempted below.

For the purposes of this policy, "University personnel" includes:



- Faculty, librarians and other academic personnel, students who work on site at a University work location, staff including contract-covered, classified non-union, temporary hourly, and professional staff, Hall Health physicians, and Intercollegiate Athletics (ICA) contract employees.
- Individuals who have a contingent worker relationship with the UW, stipend recipients, and others who work on site at a University location, but are not employees of the University.

3. EXEMPTIONS

UW Medicine:

UW Medicine employees and visitors to UW medical centers are required to wear face coverings and personal protective equipment (PPE) in accordance with [UW Medicine policy](#).

Independent work spaces, outdoors, private residential units:

Face coverings are *not* required when:

- Working or spending time alone in a personal office or workspace with the door closed
- Working or spending time outdoors (e.g., walking, exercising) and at least a six-foot distance can be maintained
- Operating a single occupancy vehicle
- Teleworking (i.e., not reporting on site to a University work location)
- Inside a private on-campus residential unit
- Eating or drinking; a six-foot physical distance between people is required when eating and drinking and during breaks.

Job-specific PPE requirements:

Face coverings do not replace required job-specific PPE, such as medical/procedure masks, face shields or respirators. See the [Workplace COVID-19 Risk Level and Selection of Personal Protective Equipment](#) guidance for job-specific PPE requirements.

Infants and Toddlers:

Infants and toddlers under age two (2) should never wear cloth face coverings due to the risk of suffocation. Children ages two to four (2-4), with the assistance and close supervision of an adult, are strongly recommended to wear face coverings in settings where it is likely that a distance of at least six feet cannot be maintained from non-household members and those at high risk for more serious illness. All children aged five (5) years and older should wear a face covering unless medically directed to do otherwise.



4. MEDICAL OR HEALTH RISK ACCOMMODATIONS

Individuals with the following medical conditions or health risks may request an accommodation to this policy:

- A medical professional has advised that wearing a face covering may pose a health risk to the person wearing the covering or impair their breathing.
- A person has a medical condition, mental health condition, developmental or cognitive condition, or disability that prevents wearing a face covering. This includes, but is not limited to, persons with a medical condition for whom wearing a face covering could obstruct breathing, who are unconscious, incapacitated or otherwise unable to remove a face covering without assistance.
- Wearing a face covering would create a safety risk to the person as determined by local, state, or federal regulators, or workplace safety guidelines.
- The person is deaf or hard of hearing and uses facial and mouth movements as part of communication.

For University personnel requesting a medical or health risk accommodation, determination of the accommodation will be made on a case-by-case basis with the unit human resources representatives in coordination with the Disability Services Office (DSO) and the Environmental Health & Safety Department (EH&S). Personnel may be required to provide documentation to substantiate their need for an accommodation. An accommodation may not include allowing someone to not wear a face covering where it is required.

For students registered with the Disability Resource Services (DRS), determination of a medical or health risk accommodation will be made on a case-by-case basis in consultation with DRS. All other students requesting a medical or health risk accommodation for instructional or campus activities, determination of the accommodation should be made on a case by case basis in consultation with the faculty, administrator or staff member responsible for the instructional or campus prior to engaging DRS. Examples of an accommodation may include, but are not limited to, allowing the student to take a course remotely, working with an advisor to find an alternative course option, or holding an event outside with appropriate distancing. An accommodation may not include allowing a student to not wear a face covering where it is required. Students do not need to provide documentation to substantiate their need for an accommodation, but students who cannot comply with this policy are strongly encouraged to reach out to faculty and staff well in advance of the course or event, and choose courses and activities that allow remote participation whenever possible.

UW retail functions and businesses servicing university personnel, students, patrons or members of the public (e.g., museums, UW Facilities Surplus Store, food establishments,



University Bookstore) are encouraged to provide an accommodation (e.g., curbside pickup) for customers unable to safely wear a face covering as applicable to their operations.

5. UNIVERSITY UNIT RESPONSIBILITIES

Under the [University's COVID-19 Prevention Plan](#), units are required to [conduct an assessment to determine the required PPE](#) for their personnel. Units are required to provide all personnel working on site at a University work location with face coverings and/or job-required PPE and replace them when necessary. Unless personnel have specific, job-required PPE, units must distribute two cloth face coverings to personnel who are required to come to campus for work-related use. Personnel are responsible for laundering their University-issued reusable cloth face coverings and remembering to bring them to work. Personnel may also use a personally purchased alternative face covering as appropriate.

Personnel must be trained on the proper use, care, storage and disposal of face coverings and PPE. University units should refer to the [EH&S Guidance on Facemask Use for Preventing the Spread of COVID-19](#) for training personnel on the selection, care and use of face coverings and facemasks. Units can also refer to the Centers for Disease Control and Prevention (CDC) guidance with regard to [type and fit](#), [wearing](#) and [washing](#) face coverings.

Units must communicate and enforce these requirements to all personnel working on site at a University work location and ensure all personnel are trained on the [University's COVID-19 Prevention Plan](#).

6. POLICY ENFORCEMENT

In the Workplace:

Personnel are expected to comply with the face covering requirement as a condition of employment, as well as for the health and safety of themselves, their colleagues, and the UW community. Units are required to ensure all of their personnel have a thorough understanding of the requirements outlined in this policy. Personnel who do not comply should be reminded of the policy by their supervisor and provided additional education and training as needed.

If, after additional education and training, personnel refuse to comply, contact your unit human resources (HR) representative to initiate the appropriate corrective action or standard of conduct process. If unit human resources representatives require assistance, they should contact their HR consultant or academic human resources (AHR) business partner.



If personnel state they are unable to wear a mask due to a health condition, refer the individual to the [formal accommodation request process](#). An accommodation will not include allowing someone to not wear a face covering where it is required.

University personnel with concerns that other personnel are not complying should speak with their supervisor, or report it to [EH&S](#).

Students:

Students are required to follow the face covering requirements at all times when on campus. If a student is without a face covering, in accordance with this policy, begin with a polite verbal request for compliance to educate and persuade the student to wear a face covering. If a student refuses to comply with the policy, the state regulations require the student to be sent home (on or off-campus residence). Student Conducts offices are available for consultations on potential violations of student conduct if needed. Students do not need to wear a face covering when inside a private on-campus residential unit; however, face coverings are required in common areas of residence halls.

University personnel with concerns that a student or group of students are not complying with this policy should speak with their supervisor, a representative of the academic unit, or report it to [EH&S](#).

Members of the public, customers and visitors on campus:

The University of Washington is committed to maintaining a respectful, productive, inclusive, and equitable workplace, and discrimination and other conduct that is inconsistent with our values will not be tolerated. Consistent with [Washington state's public health order for face coverings](#), members of the public, customers and visitors to the University are required to wear face coverings when entering a University facility and receiving service. If a member of the public, customer or visitor is not wearing a face covering, the following steps are to be taken:

- Begin with a polite verbal request for compliance to educate and persuade the individual to wear a face covering. University personnel should ask the individual to wear a mask or face covering, or have a supply of disposable facemasks to offer individuals who do not have one. [Signs](#) indicating the face covering requirement for all who enter should be clearly posted at all entrances and on websites when possible.
- If, following a polite verbal request, the individual continues to decline to wear a face covering or facemask, personnel should notify the site manager to assist the customer with determining if accommodations, such as curbside pickup, can be made.



- If the individual refuses to wear a face covering and does not indicate a medical condition or disability that prevents them from wearing a face covering, they should be politely informed that they are not permitted to enter and be asked to leave. Personnel should not attempt to physically block an individual or physically remove them from the space and should avoid confrontation, but should not provide service. Law enforcement (e.g., University of Washington Police Department or local law enforcement agency) may be called for help as a last resort.

7. RESOURCES

- [WA State Workplace and Public Health Orders for Face Coverings](#)
- [WA State Labor & Industries Requirements for COVID-19 Prevention in the Workplace](#)
- [University of Washington COVID-19 Prevention Plan](#)
- [EH&S Workplace COVID-19 Risk Level and Selection of Personal Protective Equipment](#)
- [EH&S Guidance on Facemask Use for Preventing the Spread of COVID-19](#)
- [University Telework policy](#)



UNIVERSITY OF WASHINGTON COVID-19 VISITOR LOG

Washington state regulations require a visitor log to support COVID-19 contact tracing efforts. By providing this information you are self-attesting that you have read the University's [COVID-19 Symptom Self-Attestation for On-Site Personnel and Visitors](#) form and that you do not have any of the listed symptoms.

If you have symptoms of COVID-19 at the time of your scheduled visit, please inform your University contact that you need to reschedule your visit. If you develop symptoms of COVID-19 during your visit, please inform your University contact and leave.

Your information will only be shared with University and public health officials involved with contact tracing if needed in the event of an exposure to COVID-19. They will contact you to inform you of your potential exposure, answer your questions and provide public health resources. The University will not use this information for any other purpose. If this list is not used within 30 days, it will be destroyed.

Date	Time	Name	Company/Affiliation	Phone	Email	Location Visited



COVID-19 SYMPTOM SELF-ATTESTATION FOR ON-SITE PERSONNEL AND VISITORS

Since your last day of work, or since your last visit to a University facility, have you experienced any of the following symptoms?

- A new **fever** (100.4 F or higher) or a sense of having a fever?
- A new **cough** that you cannot attribute to another health condition?
- New **shortness of breath** that you cannot attribute to another health condition?
- A new **sore throat** that you cannot attribute to another health condition?
- New **muscle pain** that you cannot attribute to another health condition or that may have been caused by a specific activity, such as physical exercise?
- New **gastrointestinal symptoms**, such as nausea, vomiting or diarrhea that you cannot attribute to another health condition?
- New **respiratory symptoms**, such as a runny nose, that you cannot attribute to another health condition?
- New **chills** that you cannot attribute to another health condition?
- New **loss of taste or smell** that you cannot attribute to another health condition?
- A new **headache** that you cannot attribute to another health condition or emotional reason?

I attest that prior to coming in to work on today's date that I do *not* have any of the above symptoms.

- I read the above statement.
- I attest that I do *not* have any of the above symptoms.

If you are sick or have one or more of the above symptoms:

- You must stay home or leave the UW facility at which you are working.
- Follow your department's procedure for calling out sick or requesting to work from home.
- Contact your health care provider for medical guidance.
- Follow the guidance in the [FAQ "What do I do if I feel sick?"](https://www.washington.edu/coronavirus/faq/) at <https://www.washington.edu/coronavirus/faq/>.

If you received positive test results for a COVID-19 infection within the past 14 days, stay home and follow the guidance in the [FAQ "What do I do if I have confirmed or suspected COVID-19?"](https://www.washington.edu/coronavirus/faq/) at <https://www.washington.edu/coronavirus/faq/>.

If within the past 14 days you were in close contact with a person who has a COVID-19 infection, stay home and follow the guidance in the [FAQ "I have been in close contact with a person who has COVID-19. What should I do?"](https://www.washington.edu/coronavirus/faq/) at <https://www.washington.edu/coronavirus/faq/>.

Close contact includes being within approximately 6 feet of a person with confirmed COVID-19 for more than a few minutes, living with a person who has COVID-19 or having direct contact with infectious secretions of a COVID-19 case (e.g., being coughed on, kissing, sharing utensils).